

Provider ? Line

919-913-4105

Customer Service

888-277-2303

customerservice@opc-mhc.org

STAR Lines

800-233-6834

866-598-6459 TTY

Please note that the inclusion of non-OPC training announcements in these Bulletins is for informational purposes only and does not represent an endorsement of the training by OPC.

OPC Provider Communication

Issue 4

February 4, 2011

New Provider Representative

We are pleased to announce that Senga Carroll will have been selected as our newest Provider Representative. Senga has been serving as a Clinical Specialist on our Provider Monitoring Team and will transition to her new role on February 14th. You may be hearing from her soon!

Peer Support Specialist Training Applications now Being Accepted

Attached to this bulletin is a flyer, cover letter and application for OPC consumers interested in becoming certified Peer Support Specialists. Please pass along these documents to interested adult MH and SA consumers. Applications are due **February 14th**.

Coalition Jobs Survey

The Coalition is conducting a survey to determine the number of total paid positions and total unduplicated number of consumers served during the 2010 calendar year in the community mh/dd/sa system. The data will be used only in the aggregate for the purpose of informing members of the General Assembly and the Administration about the size of the industry represented in NC and the impact reductions in funding will have on the economy and jobs in NC. To access the survey, click [here](#).

National Correct Coding Initiative (NCCI)

NCCI is a program developed by CMS that consists of coding policies and edits that identify procedures and services performed by the same provider on the same date of service. These edits, which will go into effect on April 1st, may affect your claims, so DMA is encouraging providers to pay close attention to the implementation of this process. For more information, please click [here](#).

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Kate B. Reynolds Charitable Trust Health Care Division— Spring 2011 Grant Cycle

The Trust's priority areas for the Spring 2011 Grant Cycle include Mental Health and Substance Abuse. The deadline for submissions is March 15, 2011, but an advance consultation should be pursued well before that date. Click [here](#) for more details.

Supports Intensity Scale (SIS) Overview for Targeted Case Managers

OPC will be hosting a training for targeted case managers to learn more about the SIS, how it will be utilized in NC, and how to incorporate it into the consumer PCP. The training will take place on Wednesday, May 25th from 9:30 AM - 12:30 PM at the OPC Administrative Offices. To register online with DDTI, click [here](#).

Anti-Bullying Event: Stand Up, Speak Out

March 29th— anti-bullying workshop intended for social workers, educators, administrators, human services professionals, and community members. Topics include bullying prevention and intervention in schools, cyberbullying and professional ethics, implementing the anti-bullying law, and addressing gender identity and sexual orientation issues. For more information, see the attached flyer or click [here](#).

Client Rights & Confidentiality—NOTE DATE CHANGE

OPC will offer training on Client Rights & Confidentiality on February 25th from 1:00 until 4:00. To register, please contact Vickie Hussey at vhussey@opc-mhc.org

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ASO MINT Training

The ASO, a partner of the NC Council on TIP trainings will be offering their own MINT training with MINT Trainer Todd Roberts on February 1-2, 2011. For more information, see the attached flyer or click [here](#) to register for this event .

Mental Illness as a Spiritual Journey: Creating Caring Communities

Faith Connections on Mental Illness is presenting this one day conference on Friday, April 1st. For more information, please see the attached flyer.

Clinical Update & Pharmacology Review 2011

Feb 16-17—Southern Regional AHEC is holding this conference, where national and statewide experts will share the latest developments on clinical topics related to mental health. For more information, click [here](#).

25th Annual Addiction: Focus on Women Conference

May 10-13 in Hendersonville, NC. For the preliminary conference schedule and session information, click [here](#).

Blended Identities: Gay Youth of Color Speak Out

February 23rd—Youth speakers, Carlos and Antonio, share their perspectives on strategies to effectively reach out and engage LGBTQI2-S youth of color, what helps LGBTQI2-S stay in services, structure and type of services that are most useful. Call 800-503-2899, ID1599272# , for more details.



Announcing:

FREE
Peer Support Specialist Training!

Offered by:
OPC/LME

for *current* or *former* consumers of Mental Health or Substance Abuse services
in Orange, Person, and Chatham Counties

Monday - Friday, March 7 - 11, 2011
(40 training hours total)

Location: United Church of Chapel Hill
1321 Martin Luther King Jr. Blvd.
Chapel Hill, NC 27514

The training will utilize the "Peer Specialist Training Manual" curriculum, which has been approved by the NC Division of MH/DD/SAS to meet training requirements for certification as a Peer Support Specialist.

Note that financial assistance is available to help defray the cost of travel and/or lodging for the Peer Support Specialist Training

All participants who complete this week-long training will need to complete an additional 20 hours of training, which will be provided free-of-charge.

The first of these to be offered is:
W.R.A.P. (Wellness Recovery Action Plan)
scheduled for Tuesday & Wednesday, April 12 – 13, 2011

To apply for this training opportunity, please contact Michael Norton (Project Coordinator) at 919-913-4079

Applications are due by Monday, February 14, 2011

Due to space limitations, participation will be limited to 25 students!

OPC

Area Program

Michael Norton, MA Client Rights Coordinator Phone: 919.913.4079 Fax: 919.913.4038

Administrative Offices
100 Europa Drive, Suite 490
Chapel Hill, NC 27517

January 2011

Hello,

Thanks for your interest in the Peer Support Specialist Training! In North Carolina, certification as a Peer Support Specialist requires 60 hours of training altogether. OPC will be offering all 60 hours **free of charge** over the next several months. This includes 40 hours of Peer Support Specialist (PSS) Training, which is mandatory for certification. In addition, OPC will offer training in W.R.A.P. (Wellness Recovery Action Plan); NCI (North Carolina Intervention... a program designed to help de-escalate persons in a crisis); Client Rights rules & Confidentiality laws; and other topics that will be determined once we know who the members of this training group will be (and what their specific interests and needs are).

We will use the "Peer Specialist Training Manual" curriculum to meet the requirement for 40 hours of PSS training. That is scheduled to take place starting Monday, March 7th and continuing all week through Friday, March 11th. The training will take place at the United Church, located on MLK Jr. Blvd. in Chapel Hill. Financial assistance can be made available to help cover the costs of transportation and/or lodging. Additional training events will take place in April, May and June.

If you are interested in attending these *free* training events, we will need for you to complete the enclosed written application and return it to the address above no later than **February 14, 2011**.

We have established a screening committee that will review all applications as they come in. After we have reviewed your application, we will contact you to let you know whether you meet the minimum eligibility criteria for certification as a Peer Support Specialist. Those who qualify will be approved to attend the training. In some cases, members of the screening committee will want to schedule an interview with you, so that we can get to know you better before making a decision.

We will notify everyone who has been approved to complete the training no later than February 21, 2011.

On behalf of the members of the PSS Training Screening Committee, I look forward to getting to know you! Please feel free to call me if you have any questions.

Sincerely,

Michael Norton
919-913-4079

OPC
Area Program

Administrative Offices
100 Europa Drive, Suite 490
Chapel Hill, NC 27517

**Peer Support Specialist
Training Application**

Name _____ Date _____

Mailing Address _____

County of residence: _____ Phone or Cell: _____

E-mail address: _____

What is your highest level of education?

High School Diploma or GED College Degree Graduate Degree

Have you been convicted of an offense against the law, other than a minor traffic violation? Yes No
(If yes, please explain on a separate sheet of paper. Please note that a conviction does **not** automatically disqualify you from completing this training, though the information will most likely be evaluated when you apply for employment as a Peer Support Specialist.)

Please answer all questions below in your own words, and remember to write legibly or print. There are no "right" or "wrong" answers to these questions. They are simply intended to help us get to know about your experience with recovery, to assess your reading and writing skills, and to determine whether you meet the requirements for becoming a certified Peer Support Specialist in North Carolina. If you need more space for your answers, please attach a separate piece of paper.

1) Why do you want to become a Peer Support Specialist (PSS)? _____

2) Why do you think it is important for PSS's to tell their recovery stories? _____

3) What makes you a good candidate to work with other consumers in the mental health or substance abuse field?

4) What will be your most difficult challenge in attending this training? How will you deal with this challenge?

5) Are you currently employed, or do you volunteer anywhere? What about in the past? And if neither applies, how do you spend your time?

6) What does recovery mean to you? _____

7) How have you been successful in reaching and maintaining at least one year of recovery? _____

8) How would you use your own recovery process to help others? _____

9) What types of experiences have you had in supporting individuals with mental health or substance abuse needs? Please describe in detail, listing any of your efforts in letter-writing, personal advocacy, public testimony, programs you began, or the work you are doing now. _____

10) Is there anything else you would like for us to know about you in considering your application for the Peer Support Specialist Training? _____

11) Please tell us how you learned about this Peer Support Specialist Training:

Please check "yes" or "no" for each of the statements below, and then sign and date you application in the space provided. Thank you!

Yes No I am a current or former consumer of mental health and/or substance abuse services.

Yes No I have been in recovery for at least one year.

Yes No I agree to complete all 60 hours of the required training to become a certified PSS.

Yes No I am committed to completing the process for obtaining my certification as a PSS in N.C.

Signature

Date

Please return your completed application to:

Michael Norton
OPC Area Program
100 Europa Drive, Ste. 490
Chapel Hill, NC 27517

All applications are due no later than Monday, February 14, 2011

March 29, 2011
9:00 a.m. — 4:30 p.m.

Stand Up Speak Out

**FINDING OPPORTUNITIES TO PROTECT
OUR YOUTH AGAINST BULLYING**

**A SYMPOSIUM FOR SOCIAL
WORKERS, EDUCATORS,
ADMINISTRATORS, HUMAN
SERVICES PROFESSIONALS,
AND COMMUNITY MEMBERS**

Symposium topics include:

- bullying prevention and intervention in schools
- implementing the anti-bullying law
- cyberbullying and professional ethics
- addressing gender identity and sexual orientation issues facing youth

Continuing education credits and certificates of attendance available.
Lunch and refreshments provided.

Wine reception following the symposium for NC State Department of Social Work alumni and friends. See website for more details.

Register at <http://socialwork.ncsu.edu/bullying.php>

McKimmon Center | 1101 Gorman Street | Raleigh, North Carolina

Symposium Registration fee: \$40*

* *Discount rates available for NC State Department of Social Work students & affiliates.*
Contact socialworkevents@ncsu.edu for details.

N.C. State University
Counseling Center /
Student Health Services

DEPARTMENT OF
SOCIAL WORK



This training is co-sponsored by the North Carolina State University Counseling Center/Student Health Services, the Department of Social Work and the NC State GLBT Center. The NC State University Counseling Center/Student Health Services is approved by the American Psychological Association to sponsor continuing education for psychologists. The NC State University Counseling Center/Student Health Services maintains responsibility for this program and its content. There is a strict attendance requirement for participants to receive continuing education credit for this training. Participants are required to arrive and sign the attendance form by the designated start time of each CE program and must stay for the entire program. Participants must sign out on the attendance form and complete the program evaluation form before receiving the certificate of attendance for continuing education credit.

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Motivational Interviewing: Introduction

With Todd Roberts, MINT Trainer

February 1 & 2, 2011

9:00am until 4:30pm

Royal Conference Center,

3801 Hillsborough St. Raleigh, NC

TIP is sponsoring Motivational Interviewing training with MINT trainer Todd Roberts.

Motivational Interviewing is a highly respected evidence-based practice for behavioral healthcare providers. Service definitions for Community Support Team and Intensive In-home services require a two-day introductory training in Motivational Interviewing lead by a MINT trainer. This course meets that requirement. MI Introduction teaches an 8-module curriculum.

Cost: ***\$175.00 for Motivational Interviewing: Introduction***
Fee includes two days of training, materials

To register online, go to

www.aso-online.com/MILiveForm

(if you need assistance registering online,
please call Paul Keys at 919-489-4358)

NOTE: If you are unable to register on-line, or pay with a credit card or Pay Pal, please contact Laura Fleming at 919-345-5144 to arrange registration and payment.

Faculty: Todd A. Roberts (MA) is a Consultant and Trainer with 14 years of direct practice with mandated (court-ordered) clients. He is the Director of Base Training Solutions and has extensive work experience with adolescents, adults, and sex offender specialized supervision and treatment. Mr. Roberts is a registered trainer with the Motivational Interviewing Network of Trainers (MINT).

This training is limited to the first 29 people who register. This is a certificate program.

Cancellation Policy: No refunds are allowed, however substitutions are accepted.

PLEASE BE ADVISED – The training starts promptly at 9:00 a.m. and the registration table will close shortly thereafter.

Driving Directions: The Conference Center is located at 3801 Hillsborough Street, Suite 109, Raleigh NC 27607 (Just off I-440 beltline, across from Meredith College)

Take exit 3 from I-440 Beltline. Go east 1/3 mile towards downtown. Center is on the right across from Meredith College. Turn right on Royal Street to enter parking lot. Use stairs or parking garage elevator to main level of the Royal

For more information contact Laura Fleming @ 919-345-5144

Co-Sponsored by



Registration Closes When All Slots are Filled

Includes continental breakfast, lunch, & program materials.

- \$15 Registration (by 3/12/11 – credit not included)
- \$25 Late Registration (after 3/12/11 – credit not included)
- Professional Credit Fee: Additional \$20

Online: www.wakeahec.org • Fax: 919-350-0467

Mail: Wake AHEC, Attn: Jacqueline Carter, 3261 Atlantic Avenue
Suite 212, Raleigh, NC 27604-1657

Sponsoring Organizations

Burlington District - NC Conference of the United Methodist Church
Committee on Disability Concerns -
NC Conference of the United Methodist Church
NAMI Durham ♦ NAMI Orange ♦ NAMI Wake
NAMI North Carolina ♦ Shared Visions Foundation
Mental Health America of the Triangle ♦ Josh's Hope Foundation, Inc.

Sponsoring Faith Communities

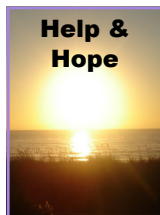
Amity United Methodist Church ♦ Asbury United Methodist Church
Olin T. Binkley Baptist Church ♦ Catholic Community of St. Thomas More
Chapel of the Cross Episcopal Church ♦ Christ United Methodist Church
Church of the Reconciliation PC USA ♦ Community Church
Durham Mennonite Church ♦ Evergreen United Methodist Church
Holy Trinity Lutheran Church ♦ Mt. Carmel Baptist Church
Orange United Methodist Church ♦ St. Matthew's Episcopal Church
Union Missionary Baptist Church ♦ United Church of Chapel Hill
University Presbyterian Church ♦ University United Methodist Church
Westminster Presbyterian Church

Faith Connections on Mental Illness

An inter-faith coalition of faith communities dedicated to increasing understanding of mental illness through education, advocacy, and support.

**Faith Connections meets on the 3rd Friday
of each month at 3:30 pm at**

St. Thomas More 919-942-6227 or 919-968-8600
940 Carmichael Street faithconnectmi@aol.com
Chapel Hill, NC 27514 faithconnectionsmentalillness.org



Mental Illness As a Spiritual Journey: Creating Caring Communities

Sponsored By

Faith Connections on Mental Illness



At St. Thomas More
Chapel Hill, NC

Friday, April 1, 2011
8:30 am - 4:00 pm

Conference participants will...

- *Gain a better understanding of mental illness*
- *Learn how to develop spiritual resources within the faith community*
- *Acquire skills to effectively and compassionately engage people living with mental illness and their families*
- *Network with others who are offering hope to families dealing with mental illness*

Morning Schedule

- 8:30 am Registration: Check-in, Coffee
9:00 am Welcome Prayer & Candlelight Service
9:15 am Rev. Susan Gregg-Schroeder
Mental Illness as a Spiritual Journey
10:15 am Break
10:30 am Dr. Gary Duncan
Mental Illness a Brain Disorder

Afternoon Schedule

- 12:00 pm Lunch
1:00 pm Breakout Sessions
2:00 pm Break
2:15 pm Rev. Susan Gregg-Schroeder
Creating Caring Congregations
3:45 pm Rev. John Durbin
Closing Prayer
Program Evaluation
4:00 pm Departure

Guest Speaker



Dr. Gary Duncan is a Research Professor in the Department of Psychiatry at UNC-Chapel Hill and conducts basic research on effects of antipsychotic drugs in animal models with the goal of finding better treatments for people with schizophrenia. He is also the President of Science Learning Resources, Inc., a company that develops science educational software and other curriculum support materials.

**Professional Continuing Education Units
will be offered by Wake AHEC.**

Break-Out Sessions

Putting a "Face" On Mental Illness:

A patient and a caregiver

- ◆ Patient: Dr. Christine Jernigan
- ◆ Caregiver: Kathleen Keating
- ◆ Moderator: Dr. David R. Cox

Two Churches Tell Their Stories

- ◆ Binkley Brainstormers: Beth Welton
- ◆ Union Baptist: Dr. Tonya Armstrong
- ◆ Moderator: Rev. Donna Banks

What Does Social Justice Look Like for Those With a Brain Disorder?

- ◆ Rev. Steve Hickle, Fairmont UMC
- ◆ Deby Dihoff, Executive Director, NAMI NC
- ◆ Rep. Verla Insko, NC House District 56
- ◆ Rev. Dale Osborne, Binkley Baptist (Moderator)

Keynote Speaker

Rev. Susan Gregg-Schroeder of California founded Mental Health Ministries to provide educational resources to help erase the stigma of mental illness in faith communities.

As a person who has herself experienced serious depression, and as a member of the clergy, Susan brings the wisdom of her ongoing journey and struggle with depression to offer universal truths about spirituality during difficult times. She will also provide a brief history of how mental illness has been understood since Biblical times, suggest ways to integrate spirituality into the treatment and recovery process, and present a five-step model of ministry to help congregations begin or expand an outreach to persons with a mental illness, and their families.

Susan has been active with NAMI and NAMI FaithNet for many years. She was awarded NAMI California's Clergy person of the Year award in 2003.



*The tree has roots deeply planted in the ground
and its branches reach toward the sky.*

*The tree symbolically shows us we need to
deepen our spiritual resources to reach out to
others and offer a safe haven in order to grow.*

