

Brain Injury Associations

Brain Injury Association of America
1608 Spring Hill Road, Suite 110
Vienna, VA 22182
Phone: 703-761-0750
Fax: 703-761-0755
National Family Help Line: 800-444-6443
www.biausa.org

Brain Injury Association of North Carolina
2113 Cameron St., Suite 242
Raleigh, NC 27605
Family Help Line: 800-377-1464
www.bianc.net

Family and Community Support Offices:

Charlotte
Carolinas Rehabilitation
Phone: 704-355-1502 or 1-877-962-7246

Raleigh
Phone: 919-833-9634 or 1-800-377-1464

Greenville
Phone: 252-439-1900 or 1-800-697-3115

Asheville
Office at Community CarePartners
Outpatient Program
Phone: 828-277-4868 or 1-866-890-7801

Phone numbers for the resources listed in this brochure often change. Contact Project STAR at 704-355-1502 if you need assistance contacting these agencies. To access resources statewide, contact the North Carolina Care-Line at 800-662-7030. This line provides information and referral services for North Carolina.

Brain Injury Web Sites

While You Are Waiting
www.waiting.com

Head Injury Hotline for Survivors
www.headinjury.com

Brain Injury Information Page
www.tbilaw.com

Traumatic Brain Injury Resource Guide
www.neuroskills.com

The Perspectives Network
www.tbi.org

Traumatic Brain Injury Survival Guide
www.tbiguide.com

National Resource Center for Traumatic Brain Injury
www.neuro.pmr.vcu.edu

SupportWorks
www.supportworks.org

These Web sites offer a variety of information for survivors of Traumatic Brain Injury and their family members. Additional information can be found on-line by following the links attached to these sites, or you may contact your local Brain Injury Association.



Brain Injury Association of America

Brain Injury

RESOURCE GUIDE

*...for survivors and
their families*



A brochure provided by
Project STAR and Carolinas Traumatic Brain
Injury Rehabilitation and Research System at



Carolinas Rehabilitation

www.carolinasrehabilitation.org

Community Resource Information

There are many agencies and resources within each community that can help meet the needs of individuals with brain injury. Many of these agencies offer services and information that can assist individuals with brain injuries as well as family members and caregivers. Some services are not available in all areas.

Project STAR

Through Carolinas Rehabilitation, Project STAR provides information and referral services in addition to community-based services for individuals who have sustained a brain injury. Project STAR serves 11 counties, including Mecklenburg County and the surrounding areas. Contact 704-355-1502 for more information or visit www.carolinasrehabilitation.org.

Looking Ahead

Important first steps to access available support and services in your community

1. **Contact your local support group or contact the Brain Injury Association of North Carolina for a list of support groups.** Sharing information with others in similar situations is often one of the best resources available. See the back of this brochure for contact information.

2. **Contact your Local Management Entity (LME).** In North Carolina, through the Division of Mental Health, Developmental Disabilities and Substance Abuse Services, LME's offer information and referrals for a

range of community-based services for individuals with Traumatic Brain Injury. Call 919-715-5989 to locate the area program nearest you. Request case management and inform them of the brain injury. You may also visit www.dhhs.state.nc.us/mhddsas/tbi.

3. **Contact Department of Social Services.** Each county in North Carolina has a Department of Social Services, which offers services to eligible individuals. Some of the services provided to those who qualify include case management, assistance for Medicaid eligibility and other government-assisted programs. Call 919-733-3055 to locate your county office or visit www.dhhs.state.nc.us/dss/local/index.htm.

4. **Contact North Carolina Social Security Administration (SSA) and apply for Social Security Disability Insurance (SSDI) / Supplemental Security Income (SSI).** SSA administers federal and state benefit programs including SSDI and SSI. Call 800-772-1213 to locate the office nearest you or visit www.ssa.gov for more information.



Other Community Resources

North Carolina Division of Vocational Rehabilitation (NCDVR). Vocational Rehabilitation assists individuals with a disability prepare for and obtain employment, including a wide variety of services to help individuals return to work. Visit www.dvr.dhhs.state.nc.us or contact 919-855-3500 to locate the office nearest you.

Vocational Rehabilitation Independent Living (VRIL). VRIL assists eligible individuals with significant disabilities to achieve greater independence in their homes and communities. These services may include home and vehicle modifications, personal assistance services, recreational therapy or counseling. Contact 919-855-3524 or visit www.dvr.dhhs.state.nc.us/DVR/IL/ilhome.htm to locate the office nearest you.

United Way. United Way provides comprehensive referral and information services. Some of the United Way agencies offer free services to eligible individuals in crisis situations. Call 919-834-5200 to locate the office nearest you or visit www.UnitedWay.com for more information.

Disability Rights. Disability Rights North Carolina (DRNC) protects and advocates for the rights of persons with disabilities, including individuals with brain injuries and their families. DRNC's assistance may include providing information, technical assistance with personal advocacy, direct advocacy on behalf of a client and in some cases, legal representation. Call 800-821-6922 for more information.