

CFAC Minutes  
May 11, 2006

In attendance: Billie, Judy, Charles, Judi, Bradley, Janet, Megan, Gwyn, Heather, Steve, Dan, Virginia, Cheryl, Allen, Allison, Leslie, Marcus, Edward, Michael

Dan explained that Virginia will be helping with facilitation so that she can practice her skills in this area. Dan reminded folks that tonight is Judy's last night with CFAC and he wanted to take the time to give her a nice send off. The group went around the room and expressed their individual thanks and appreciation of Judy. Judy was acknowledged as being informative with well-organized ideas, knowledgeable about OPC, supportive of peer support, professional, approachable and down to earth with good sense of humor. Dan presented Judy a plaque and bouquet on behalf of CFAC.

There was a motion to approve the April minutes by Edward, Janet seconded and the motion carried.

The Chair update was deferred. Billie requested that folks inform her if their contact information has changed as she is working to complete a new CFAC contact list.

Judy provided a divestiture update. Person and Chatham Counseling Centers transferred to Caring Family Network (CFN) on May 1, 2006. Charlie Blackburn from CFN has been handling the transitions. All of the PCC and CCC staff transitioned. The Orange County Clinics are slated to transfer to CFN on June 1, 2006. Rhonda noted that some of the staff at FCC were working on transition paperwork yesterday when she was there. Cross Disability Services transferred to XDS, Inc. on May 1, 2006. All three clubhouses are slated to transfer by May 20, 2006. Heather informed that Club Nova received their official non-profit status. DD/CAP Case Management will be transferring to The Arc of North Carolina on June 1, 2006. By Monday, they expect to have an estimate of staff from OPC that will be going with The Arc. Early Intervention and Family Services of Chatham County will transfer to Chapel Hill Training and Outreach effective July 1, 2006. Judy then gave a follow up on the Mental Health Transition Funds. During the April meeting, CFAC was asked to recommend the criteria to be used by the Divestiture Transition Committee to determine the need for Transition Funds. CFAC recommended that continuity of service and sustainability as the criteria. The committee used these criteria and focused on transitions that had or were occurring in FY 2006. The committee focused on requests for supporting training needs and information technology needs. The following list of not-for-profit requests will be recommended by the LME: The Arc of NC, CFN, Chapel Hill Training and Outreach, XDS Inc., Chrysalis Foundation for MH and Club Nova. Judy spoke about the changes that will occur in the Community and Provider Services Department after her departure. The Community Services Unit will transfer to Care Management and the Provider Services Unit will transfer to the Quality Improvement Dept. Judy has stressed to Management Team the importance of having a Management Team designee for CFAC and hopes to be able to share that information with CFAC before she leaves. The restructured LME will operate with the following departments: Area Director Office, Human Resources, Care Management (includes Community Services), Quality Improvement (includes Provider Services) and Finance. Michael asked if the LME will lose staff? Since the LME funding will be cut, there will have to be some shifting and restructuring that may affect staff. Judy then reviewed the updates regarding OPC's financial status. An OPC delegation, which included County Commissioners, County Managers, OPC Board Members, OPC Management and elected state Representatives Wilkins, Insko and Kinnaird attended another meeting with DMH representatives, including the Secretary of DHHS. After a review of OPC's current financial situation and discussion regarding additional funding that would be made available by the three counties, DMH indicated that they will be able to provide OPC funding in the amount of \$1.762M, which they expect to be transferred in the coming weeks. They also approved OPC keeping the proceeds from the sale of the Person County Children's Group Home (another potential \$150,000). This will allow OPC to make payments to providers, giving priority to Medicaid services. Allen asked if OPC would still be handling billing? Most of Medicaid billing will be directly enrolled and will not have to go through OPC. Gwyn asked how much debt would be left? Judy answered that the original request was for \$2.8 million. At this point, it appears that there will be

about \$2M provided, leaving a debt of \$800,000. Allen inquired about the surplus in the state budget and Gwyn asked if some of the surplus could be used to assist OPC. There was a short discussion about the LOC Proposal, which calls for added funding of MH/SA/DD services in the amount of \$100M. Billie referred CFAC members to the LOC draft report, as well as articles that overview the Governor's proposed budget that are included in the passaround folder. The group also discussed the importance of mental health parity, which was the focus of this year's MHA/NAMI legislative breakfast. Judy explained that the Secretary has identified Five County LME to coordinate after hour services effective 7-1-06. Currently, Five County LME is asking OPC and other LME's in the region for various statistics related to after hours/crisis services for OPC consumers. It is likely that there will be changes to referral procedures to OPC crisis providers. She advised that this is a topic that CFAC may want to consider asking for more information about for the June or July meeting. She suggested that CFAC invite someone from Care Management to discuss it.

Board subcommittee members gave a brief report. Bradley attends DD subcommittee and is concerned that there will be no future need for the DD committee once divestiture is complete. Rhonda attends the MH/SA subcommittee and explained that they have been discussing mobile crisis and the \$100,000 grant that was awarded to Freedom House to implement this service. Rhonda answered questions about what that service will look like. The MH/SA subcommittee has also been discussing the importance of peer support. Board subcommittee reports will be added back as a recurring agenda item unless there are too many items to address and then it will be deferred until the next meeting.

Allen needs volunteers for the FY 2006-2007 budget subcommittee. Cheryl, Rhonda, Leslie, Heather and Edward volunteered. Billie will send Allen phone numbers and email addresses.

Allen and Virginia gave a brief report about the executive subcommittee's meeting with Andy Sachs from Dispute Settlement Center. Billie, Allen and Virginia had different ideas about how CFAC could benefit from facilitation and so the group decided that the whole CFAC needs to talk about and identify the areas where a facilitator could help CFAC at a rate that's affordable and worth it. The executive subcommittee thought it best to have Andy come back in June to facilitate an entire meeting so that he could help them flesh out these details. Edward expressed a concern that Andy has already done this at and wondered how this would be different from the last time that he attended? He remarked that he believes there is a lot of value in having someone facilitate a retreat, but does not believe we need someone to facilitate every meeting. There was general discussion about the costs of facilitation services, the role that a facilitator could play and ultimately why the CFAC would use such services. Michael pointed out that it is important to understand the process of strategic planning. Edward proposed that we go forward with a strategic planning retreat and queried the group about support of this. Cheryl stated that she supported a strategic planning session. There was consensus about this among the group. Dan motioned that the executive subcommittee meet again to flesh out the justification, details and structure of the retreat, with the flexibility to spend \$2000. The motion was seconded and carried. The executive subcommittee will present back at the June meeting. Billie will work with the committee on scheduling a meeting.

Michael spoke about his role as state CFAC liaison. His goal and mission is to get CFAC mobilized around the issues of MH/DD/SA. He spoke about his early exposure to groups that work together around issues. He travels to CFAC meetings to hear the concerns and activities of local CFAC's and to act as a resource. In addition to this role, he is also the State Facility Advocate that involves the protection of rights for students at Wright and Whitaker Schools, and he also manages the statewide Arc guardianship contract. Dan asked Michael if there is an avenue for OPC CFAC to have input into the state plan? Michael will follow up on this question.

The meeting ended with a check-in of all the members. There was general feedback that the meeting went well and that people appreciated having a smaller agenda. Agenda items for June: executive subcommittee report back about retreat plans; possible presentation from OPC Care Management about referral process for crisis services after regionalization.