

CFAC Meeting Minutes

November 9, 2006

Present: Shira, Edward, Anne, Gwyn, Megan, Allen, Steve, Heather, Bradley, Pam, Leslie, Marcus, Rhonda, Virginia, Michael B. and Michael N.

Guest: Beverly B.

Introductions: Committee members introduced themselves to the guest.

Minutes: The minutes of the October meeting were reviewed, and a motion was made to approve them. The motion was seconded and carried.

REPORTS

Update from CFAC Chair: Dan was unable to be at the meeting, but he asked Michael N. to update CFAC members on the situation involving access issues at the Orange County Recycling Center. Dan did not receive a letter back from them following their meeting, but he has been to the recycling center twice since he wrote to them. On one occasion the back to the container was open, making access easy. On the second occasion, someone who worked there offered to help him get his recycling into the bin. So it appears they are handling the problems with accessibility appropriately.

Update from OPC CFAC Liaison: Michael N. drew committee members' attention to two events coming up the following week. The first was a segment of OPEN/Net (a statewide cable television call-in program) dedicated to communicating with people with disabilities, which was sponsored by GACPD. The second was a free teleconference training on using the arts to counter stigma and discrimination, which was presented by the SAHMSA Resource Center. Michael also informed the members of CFAC that OPC was beginning the development of the new Local Business Plan. Because the time line is much briefer than it was the last time we developed a Local Business Plan, OPC staff will present information and request input and feedback from stakeholders throughout the catchment area by going to existing group meetings and asking them to serve as focus groups. CFAC has been identified as one of those groups, and this will need to be a large part of the meeting agenda in January. Examples of some of the areas that will be covered include access to services, crisis services, outcomes, and opportunities for consumer involvement.

Update from State CFAC Liaison:

- Michael B. reported on State Plan 2006 (all members present received a copy). The document will serve as the state plan for the remainder of 2006 plus 2007. Edward asked whether this was a strategic planning document. Michael responded that it is not, because the legislature asked for a single document that summarizes everything that has occurred with reform to date. That historical summary is what comprises this State Plan. Because this document contains only history, the 45 day period for public comment that typically follows the release of the State Plan will not take place. Michael pointed out highlights of the document. First of all, it is divided into 8 chapters, which are listed in the table of contents. Appendix D reviews every task from State Plan 2001-2005, and indicates whether or not the task was completed. If not, it lists an explanation for why it was not completed. Also, there is a Glossary that members may find useful because it defines all of the terms we use in the mental health, developmental disabilities, and substance abuse fields. Michael reported that the state has hired consultants who will begin a strategic planning process in January 2007.
- Michael B. also reported on Crisis Expansion Funds. \$7 million will be made available as of December 1st to expand crisis service availability for people who do not qualify for Medicaid. Rhonda asked whether this would include people who had Medicare (but no

Medicaid), or whether it was strictly for uninsured persons. Michael B. was not certain but said he would find out.

Old Business:

PSI Workshop - Megan was asked to report on this year's workshop, but said she had forgotten her notes and was not prepared to present. She had her notes with her last month, but the topic was tabled when we ran short on time. Allen announced that the PSI Subcommittee would be making a budget request for the next workshop at the December CFAC meeting. He added that the last PSI Workshop was attended by some Peer Specialists who attended with their peers, who were coming out of the hospital and transitioning back to the community. He stated that their sharing was quite moving. Edward mentioned that the workshop was attended primarily by consumers, and that the format worked so well the PSI Subcommittee was not planning to make any significant changes for the next workshop. Michael shared that he thought the workshop was an excellent way to fight stigma, and Rhonda added that she had heard good input from someone who had attended. The afternoon breakout sessions included one on framing (led by members of Peer Tree) and another led by the Dispute Settlement Center on looking at situations from another person's viewpoint. Feed His Sheep Ministries presented on a Double Trouble group, and Megan led a presentation with a member of her theater group. Their presentation had to be ad-libbed because of a mechanical malfunction with a DVD player. CFAC members asked Megan to bring the DVD to the December meeting to share with the Committee.

CFAC Terms & Member Recruitment - Based on the current composition of the Committee, we need to recruit residents of Person County (as well as Chatham) who represent the areas of Substance Abuse and Developmental Disabilities in order to comply with the requirements of HB2077. Most current CFAC members reported that they were asked to serve on the Committee by people they knew. Because of this, members were asked to think about people they know who fit the categories we are looking for and ask them to join. Another helpful approach might be to identify issues that matter to potential recruits and highlight those issues when trying to recruit them. Pam stated that she serves on a coalition that is working to end homelessness. She asked whether she had Committee support to identify herself as a CFAC member, and was given the okay to do so.

New Business:

Training/Conference requests - Gwyn and Megan requested payment from CFAC for hotel, transportation, and meal costs when they attend the TASH Conference next month. Michael N. was informed that he had CFAC's approval to process all such requests without bringing them to meetings, as long as the request does not exceed \$500 per person per year.

Election of officers - Dan will be stepping down as CFAC Chair and Virginia is willing to serve as Chair. Both Allen and Pam are willing to continue as Treasurer and Secretary, respectively. But nobody has stepped forward as a potential Vice-Chair for the Committee. Edward and Rhonda agreed to serve as a nominating committee and will report in at the December meeting.

Proposed Relational Agreement - Michael N. distributed a draft of a relational agreement and asked members to review it for discussion at the December meeting. He pointed out that the draft includes the section on non-liability of CFAC members that Michael B. had recommended a few meetings ago.

Proposed Agenda for December Meeting:

The next meeting will include follow-up discussion on the Relational Agreement, the PSI Workshop budget proposal, and a GACPD presentation on "Money follows the Person."

Virginia checked in with members before the meeting was adjourned. The late arrival of the food was a bit distracting for everyone. Otherwise, the general consensus was that the meeting was productive and the agenda was full, but manageable.